



ONCE UPON A TIME IN THE WEST ISLAND OF MONTREAL.....



A SUMMER OF PASSION, AN AUTUMN OF ACTION!



*Alexandra Boisrond
Local President
APTS SQ-ODIM-U*



Dear members,

As summer draws to a close, it's safe to say that, in many ways, **this was a summer like no other**. Despite staffing shortages that challenged us in our day-to-day work, our priority remained unchanged: **being there for you!** Thanks to the resilience of our team, we were able to continue answering your calls, supporting you and providing all of our services without interruption. A huge thank you for your patience and trust during this particularly demanding period.

Far from slowing down, these past few months have given us the opportunity to plan an incredible fall season. We can hardly wait to see you again at our usual worksites for our traditional annual food truck events. To kick things off in style, we are excited to welcome **Portugalix**, who will undoubtedly delight your taste buds with a brand-new menu!

Beyond the opportunity to get together, this union activity will be all about **listening and exchanging ideas**. This year, more than ever, we want to hear **your voice from the field**. Inspired by the vox pop format, we will be coming to your worksites to ask you one crucial question: **"In your opinion, how would you address the challenges we face on the ground?"** Your answers will help guide our actions, because your day-to-day realities are our priority.

This initiative is all the more important as the coming year will be marked by a new election period—a pivotal moment that will undoubtedly have a direct impact on our working conditions and on the preparation of our bargaining demands. Rest assured that we have not been sitting idle: our team has been working tirelessly all summer to organize a major **pre-election event**. It will be the perfect opportunity to proudly bring your voice forward and ask candidates from the Greater Montreal area your questions directly.

Before handing things over to the other contributors to this express newsletter, I would like to highlight a few important moments for our union. I want to wish our dear Vice-President, **Ann-Marie Léporé**, a wonderful and fulfilling retirement, and warmly thank her for all her years of dedication. At the same time, let's give a warm and enthusiastic welcome to our new delegates: **Marie Claude Senécal (elected)** and **Octavian Ion (appointed)**, who are joining our ranks with enthusiasm.

Wishing everyone a great start to the fall, and I look forward to seeing you very soon at one of our union activities!

- Alexandra Boisrond, Local President APTS SQ-ODIM-U



ANNUAL SURVEY 2026 :

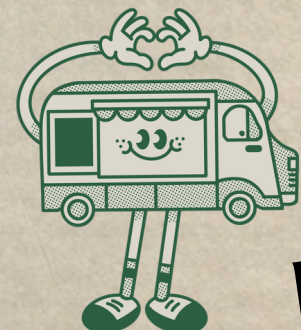
Your Opinion Matters!

Your local executive wants to hear from you! Complete our short survey by **midnight on September 30** to help us better plan our union activities and communications based on your needs and interests.

<https://forms.gle/mhH2nJTjS4gPHNUVA>



FOOD TRUCK 2026



**DETAILS
PAGE 3**

MAY: SPEECH AND HEARING MONTH



*Rodeina Bechara, M.P.O.
Speech-Language Pathologist and APTS member
SQ-ODIM-U*

Every year, the month of May is dedicated to promoting communication. It is an opportunity to raise awareness among all staff about the challenges that some people may face in their daily interactions, and to highlight the measures put in place to support more accessible and effective communication.

Communication is much more than just an exchange of words. It is at the heart of our human relationships, our professional collaborations, and our overall well-being. For some people, young or old, expressing themselves clearly or understanding others can be a daily challenge. Speech-language pathologists and audiologists play a crucial role in supporting these individuals, whether they are children developing their language skills, adults living with neurological disorders, or anyone else who has difficulty communicating effectively.

As part of this year's Speech and Hearing Month, we launched a special initiative on our intranet: an online questionnaire about multilingualism among children. This topic is particularly important in the West Island, where many of our users speak more than one language.

Your participation was outstanding! Thank you to everyone who took a few minutes to complete the questionnaire. Thanks to the generosity of the APTS executive committee, participants were entered into a draw for **10 Renaud-Bray gift cards worth \$25 each**. A little nod to the love of language, books, and knowledge!

🎉 **Congratulations to our winners!** 🎉

- Alexandra Gagné
- Amélie Girard
- Daphne Banville
- Lysa Estimé
- Maya Issa
- Ryan Lafontaine
- Sandra Hajdeman
- Sierra D'Agnillo
- Theresa Kallan
- Vanessa Maggio



Winners were contacted directly by email to claim their prize.

Let's keep promoting communication in May and throughout the year!



PROMOTION OF PROFESSIONS

Did you know that the local executive devotes an annual amount, based on the budget forecasted for the promotion and visibility of job titles represented in the SQ-ODIM-U accreditation unit.

These sums are intended to increase the visibility of APTS professionals and technicians to other employees and users, by raising awareness of their roles and skills within the healthcare network, and within the SQ-ODIM-U in particular.

Do you have a project in mind to promote your profession?

Here is the link to our Policy for the Promotion of Professions and Themed Days :

[Policy for the Promotion of Professions and Themed Days](#)

If you would like to submit an article for our newsletter, a project idea, or you have any other questions/comments, you can contact us at any time at codim@aptsq.com.



DO NOT FORGET!!!

DO NOT FORGET!!!

To optimize the evaluation of situations sent to us, it is essential to send us basic information:

Your: last name, first name, employee number, job title, DIRECTION, work site

If you have questions about your time sheet and/or pay stubs:

All WRITTEN communications (Octopus request and response, e-mails with managers, e-mails with HR and/or payroll)

Time sheet(s) and pay stubs(s) corresponding to the problem.

It is essential to always review the time sheets (work schedule, premiums, departments worked, etc..) as well as the pay stubs so that issues can be addressed quickly. It is strongly recommended that the time sheets be saved, if possible, as soon as they are approved by the employees. This will help to compare with the one approved by the manager as well as the one by payroll department, if necessary.

Be sure to keep a copy of all requests for refunds, changes in availability, vacation choices, etc.

Written communication (e.g. e-mail) stays.

Verbal communication does not!



MARK YOUR CALENDARS !!!

A new food truck for our fall activities!

This year, we're happy to introduce you to Portugalix, a Portuguese food truck and catering service offering delicious Portuguese, Mediterranean and many other flavours!

But beyond the food, these activities are first and foremost opportunities to meet, connect and continue our collective reflection. Last year, our members shared the challenges they face on a daily basis and the impacts of budget cuts in their workplaces. This year, we want to build on those discussions by working together to identify solutions and bring them forward to our employer.

We can't wait to see you again around a good meal — but above all, around meaningful conversations about the way forward!



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Septembre/September
2026



LUNDI/MONDAY	MARDI/TUESDAY	MERCREDI/WEDNESDAY	JEUDI/THURSDAY	VENDREDI/FRIDAY
	Hôpital Ste-Anne 1 Aire de BBQ (sur le côté ouest bâtisse) 11:30-13:30 	CROM ELM 2 Stationnement avant 11:30-14:30 	Hôpital Lakeshore 3 Entrée Staff arrière hôpital 11:30-13:30 	
F-1 7 Congé	2400 Des Sources 8 Rue Avro 11:30-13:30 	CROM 8000 Notre Dame 9 Stationnement arrière 11:30-13:30 	Ex-Hôpital de Lachine 10 Stationnement avant 11:30-13:30 	11
Hôpital LaSalle 14 entrée côté est (côté rue Dollard) 11:30-13:30 	Hôpital DOUGLAS 15 En avant du Pavillon Burgess 11:30-13:30 	CH St-Mary's 16 arrière réception marchandises (côté Jean-Brillant) 11:30-13:30 	Batshaw Weredale 17 Avant l'entrée 11:30-13:30 	18
Date limite pour poser sa candidature comme Représentant en santé et en sécurité 21 	Exécutif Local 22 	12h et 17h30 23 Un lien d'inscription sera envoyé par courriel AGS	Débat régional sur la santé et les services sociaux à Montréal 18h30 24 Un lien d'inscription sera envoyé par courriel Centre St-Pierre 1212 Rue Panet, Montréal 	25
		Journée nationale de la vérité et de la réconciliation 30 		

** Il est à noter, qu'au besoin, les rencontres bureau peuvent se faire par visioconférence en prenant rendez-vous. **

** It should be noted that, if necessary, by appointment, office meetings can be held via videoconference. **

WE WOULD LIKE TO REMIND YOU THAT IT IS ESSENTIAL TO REPORT A WORKPLACE ACCIDENT, AND JUST AS IMPORTANT TO REPORT ANY DANGEROUS SITUATION. A DANGEROUS SITUATION IS A RISK THAT COULD LEAD TO A WORK ACCIDENT AND CAUSE HARM TO YOUR PHYSICAL OR PSYCHOLOGICAL HEALTH AND SAFETY, OR THAT OF YOUR COLLEAGUES.

TO ACCESS THE FORM, CONSULT THE UIHSSC INTRANET.
OR CONTACT US AT CODIM@APTSQ.COM





LIAISON OFFICERS

HELP WANTED

WORKPLACE WELL-BEING



2493
members

Understand what truly matters to your team
Communicate in a clear, engaging, and effective way
Contribute in discussions and solutions



Come chat with us!



Elected
representatives

codim@aptsq.com

CONTACT INFORMATION

E-mail : codim@aptsq.com

Main Phone Number : 514-378-8124

Local Executive:

President : Alexandra Boisrond
Vice-President : Ann-Marie Léporé
Secretary : Stéphanie Cousineau
Treasurer : Christian Faucher
Director : Isabelle L'Écuyer
Director : Paul Malizia
Director : Johanne Gouskos
Director : Renée Mathieu

Local Delegates:

Delegate : Octavian Ion
Delegate : Marie Claude Senécal

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