

Once Upon a Time in the West Island of Montreal.....



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**A Word From
Our President**



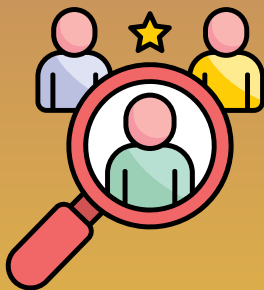
**West Island Mobilization:
We Are on Fire!**



**June: National
Indigenous History
Month in Canada**



**ELECTIONS
Liaison Officers**



**World Car-Free Day
September 22**



**Feminist Action
World March of Women**



**Promotion of Professions
Column**



Food Truck Activity



DO NOT FORGET !!!



Once Upon a Time in the West Island of Montreal...

Nineteenth Edition-Summer 2025



Alexandra Boisrond
President

A Word From Our President

Looking Back on a Busy, Productive, and Hot Summer

As summer draws to a close, we take a moment to reflect on the many events and activities that took place since June and what those have been! With record-breaking temperatures in Montreal and across much of Quebec, this summer will certainly be one to remember. The extreme heat posed challenges for many, particularly those working outdoors or in facilities without adequate air conditioning, and we would like to commend the perseverance and dedication of all our members who continued to perform their work under difficult conditions.

Despite the scorching heat, your union worked tirelessly throughout the summer even with reduced resources. We undertook a comprehensive tour of all our smaller sites. These visits provided a crucial opportunity to meet directly with staff and discuss the major union issues facing us, listen to their concerns, answer their questions, and strengthen solidarity around our common goals. Whether in urban centres or more remote locations, the enthusiasm and commitment shown by our members have been a source of inspiration.

One of the highlights was the successful organization of four special general assemblies on maintaining the current seniority for the upcoming fall/winter vacation calendar posting, even though we are still waiting for the PURA seniority list due on September 30. We are proud to announce that, following overwhelming support, we received a vote with a majority of 87.3% in favour of maintaining the current seniority system.



..CON'T, A WORD FROM OUR PRESIDENT



While many are just returning from their summer vacations or finally can take a well-deserved break before September, we know that fall is fast approaching, bringing with it a new wave of activities. The APTS executives in Montreal organized a happy hour at the Brouhaha bar this past Monday to discuss home care support (SAD) issues. This event concluded our summer activities. To come: we will have our annual homecoming activity "Food Truck" at our bigger sites in September and the World March of Women and a union council meeting in October.

Alongside our activities, we have continued to advocate for a stronger public system. Our work never stops when it comes to defending the quality and accessibility of public services, particularly in underserved and remote areas. The needs in these areas remain a top priority, and we are in constant communication with decision makers to ensure that they receive the resources and attention they deserve. Thanks to all who took the time to sign the petition regarding this cause.



As we look ahead to the coming months, we invite you to take the time to read the rest of this newsletter. You will find updates, member testimonials, and key information about current and upcoming campaigns and events. Stay tuned and continue to get involved: **your voice and your commitment are the driving force behind our collective strength.**

Enjoy the last days of summer, whether you've just returned or are heading off on a well-deserved vacation. We look forward to seeing many of you during the homecoming activity and continuing the important work we're doing together.

Your President,

Alexandra Boisrond

WEST ISLAND MOBILIZATION: WE ARE ON FIRE!



Renée Mathieu
Director
Mobilization and Communications

Mobilization Column

Inter-Union Action on Friday, June 13–Nothing but a Number

On May 15, the four major unions representing more than 15,500 staff members at the Montreal West Island IUHSSC (including us, the APTS) held a press conference to paint a very worrisome picture of the ongoing staff cuts within the institution.

Our health and social services system is not in good shape, and the successive waves of cuts are resulting in a clear deterioration of services for the population of the West Island. A strong public system offering quality services is entirely possible: all it takes is to make it a priority and to fund it adequately!

Following the public denunciations, an inter-union action was organized on Friday, June 13, at 2400 des Sources to remind the Employer that we are not just a number!

We had the opportunity to discuss our concerns with Human Resources director Jean-Philippe Ferland. Retention, recruitment, overload, job cuts, and the difficult work environment were among the topics addressed.

THANK YOU TO ALL PARTICIPANTS!

Your presence made a difference!



..CON'T WEST ISLAND MOBILIZATION: WE ARE ON FIRE!



Summer Tour – Level of Mobilization, Issues, and Impacts of Cuts

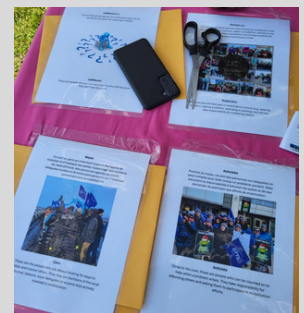
This summer, we were very active in the field, prioritizing our smaller sites that we see less often during the year: our CHSLD, our group homes at Batshaw, our GMF, CLSC, our work platforms (CROM), and even our intermediate resources.

Although we arrived with mocktails and chips, we are currently doing important work to assess the impact of the cuts and the issues you are facing in your respective workplaces, as indicated in writing by you.

We are also measuring your level of mobilization. This data is confidential and is being collected so that we can better understand your reality and how we can continue to support you.

Outdoor kiosks, tours with a multitude of vehicles, in the rain at the beginning of the summer and during the drought and heat waves at the end of July and August, we did our best to meet you all. Your entire local APTS team pitched in – the executive, liaison officers and our union advisors! For us, every member counts! A big thank you to all the members who helped the executive with planning these activities.

We will continue our work at the bigger sites during our **“Food Truck”** activity in September (where EVERYONE is welcomed). [For the full schedule, please refer to the end of the newsletter.](#)



..CON'T WEST ISLAND MOBILIZATION: WE ARE ON FIRE!



APTS T-SHIRT

Have you ordered your APTS T-shirt yet?

APTS, in collaboration with Poches & Fils, are creating T-shirts featuring your job title produced free of charge!

✉ The T-shirt will be delivered directly to your home.

🆓 It's free, but you must follow **two simple steps** mentioned in the e-mail (sent by the National APTS union **on June 25**)

⚠ **Please read carefully before ordering**

- Never enter your credit card number.
- Use the personalized promo code received after registering in the first step.
- Verify your job title and chosen size.
- No returns or exchanges. Only one order per person is allowed.

-Having trouble ordering? Write to us at codim@aptsq.com.

All that will be left to do is proudly wear your APTS T-shirt with your job title! 💪👕



JUNE: NATIONAL INDIGENOUS HISTORY MONTH IN CANADA



Cultural Diversity Column

June is designated as National Indigenous History Month in Canada and National Indigenous Peoples Day is celebrated on June 21st. This day recognizes and celebrates the history, culture and contributions of First Nations, Inuit and Métis people.

Your local APTS Cultural Diversity Committee interviewed two of our professionals so they could share the kind of work they do with the indigenous population.

Here is the first interview, written, with Baylie Daghofer-Hawes- occupational therapist:

[LINK_TO_PDF_INTERVIEW](#)

Here is the second interview, a video (French), with Lyne Simoneau - social worker:

[LINK_TO_VIDEO_INTERVIEW_FR](#)

Your local APTS Cultural Diversity Committee has also created a quiz to create awareness about this very important day.

Here is the link to quiz: [LINK TO QUIZ](#)

Happy learning!



National
Indigenous
Peoples
Day



#NIPD2025

WORLD MARCH OF WOMEN



Renée Mathieu
Director
Feminist Action

Feminist Action Column

Your local APTS executive as well as the other APTS executives in the Montreal region have begun the process of organizing a mobilization to take part in the 2025 World March of Women. This walk is taking place in **Quebec City on Saturday, October 18, 2025**. Please note that participation in this event is on an activist basis (this means on a volunteer basis), but food will be provided. A big thank you to all who took the time to respond to the survey to help us in the planning process.

We are marching for:

- The right of girls and women to live in peace and security.
- The right of girls and women to make their own free and informed choices, and for these choices to be respected.
- The right to a decent income that guarantees women the economic autonomy to live in dignity.
- The right to free and universal access to quality public services, notably health and social services, education, etc.
- The right to live in a healthy environment that respects people, communities and biodiversity.

We are marching for a society based on feminist values that places the economy at the service of the living.

If you want more information about the World March for Women you can consult the main website (bilingual) : <https://marchemondiale.org/homepage/who-we-are/> or the Quebec website (French only) <https://www.cqmmf.org/>

A registration form will be sent to all Montreal APTS members during the month of September.

Thank you very much for your interest and we hope that many of you will join this important movement.



WORLD CAR-FREE DAY

SEPTEMBER 22



Environmental Awareness Column

World Car-Free Day- September 22

September 22 is World Car-Free Day. This day reminds us of the significant impact that motor vehicles have on our environment. It is the perfect opportunity to explore more environmentally friendly transportation alternatives and to reflect on how our individual choices can contribute to a cleaner and more sustainable future.

Here are some eco-friendly alternatives for a cleaner future:

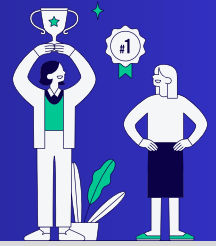
- **Public transportation**
- **Biking**
- **Walking**
- **Carpooling**

On World Car-Free Day, let's choose more environmentally friendly alternatives for our travel. Every little bit counts in reducing air pollution, traffic congestion, and greenhouse gas emissions. Together, we can contribute to a cleaner and more sustainable future.

So, let's get out of our cars, try new ways of getting around, and inspire others to do the same!



DO YOU HAVE A PROJECT IN MIND TO PROMOTE YOUR PROFESSION?



Promotion of Professions Column

Did you know that the local executive devotes an annual amount, based on the budget forecasted, for the promotion and visibility of job titles represented in the MWI IUHSSC APTS accreditation unit? These sums are intended to increase the visibility of APTS professionals and technicians to other employees, to managers and to users, by raising awareness of their roles and skills within the healthcare network, and specifically, within the MWI IUHSSC.

Do you have a project in mind to promote your profession?

Here is the link to our MWI IUHSSC APTS Policy for the Promotion of Professions and Themed Days :

https://drive.google.com/file/d/1Km6tV9X5Z_x19ObO6wnQA13ToXYdJXfl/view?usp=sharing

If you would like to submit an article for our newsletter, a project idea, or you have any other questions/comments, you can contact us at any time at codim@aptsq.com.



ELECTIONS LIAISON OFFICERS



Renée Mathieu
Director
Mobilization and Communications

Liaison Officer Column

“We need **YOU**”

Are you interested in union issues?

Would you like to be the eyes, ears, and voice of your colleagues in your sector?

The liaison officer ensures communication between the members of their team and the local executive. No worries: the level of involvement for this role is low, but it can be more for those who are interested.

In accordance with Article 4.2.6 of the APTS Constitution, elections will be held for liaison officers at CIUSSS ODIM. Liaison officers are elected in odd-numbered years for a two-year term.

To express your interest in filling the role in the sector that interests you, please fill out the form below. The list is not exhaustive, so you will have the opportunity to add other sectors, sites, job titles, etc. at the end of the form.



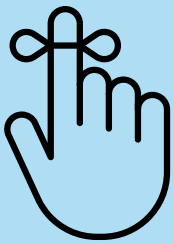
Even if you have already expressed interest in becoming or continuing in your role as liaison, please complete the form anyway.

If there is only one candidate, that person will be elected by acclamation. If at least two people apply in the same sector, job title, site, etc., we will contact them and proceed with an election among them.

You have until midnight on September 14 to submit your application.

For more information about the role of liaison officer, please write to us at codim@aps.com.





DO NOT FORGET !!!

DO NOT FORGET!!!

To optimize the evaluation of situations sent to us, **it is essential to send us basic information:**

- Your: **last name, first name, employee number, job title, DIRECTION, work site**
- If you have questions about your time sheet and/or pay stubs:
 - All **WRITTEN** communications (Octopus request and response, e-mails with managers, e-mails with HR and/or payroll)
 - Time sheet(s) and pay stubs(s) corresponding to the problem.

It is essential to always review the time sheets (work schedule, premiums, departments worked, etc..) **as well as the pay stubs** so that issues can be addressed quickly. It is strongly recommended that the time sheets be saved, if possible, as soon as they are approved by the employees. This will help to compare with the one approved by the manager as well as the one by payroll department, if necessary.

Be sure to keep a copy of all requests for refunds, changes in availability, vacation choices, etc.

Written communication (e.g. e-mail) stays. Verbal communication does not!

We would like to remind you that it is essential to report a workplace accident, and just as important to report any dangerous situation. A dangerous situation is a risk that could lead to a work accident and cause harm to your physical or psychological health and safety, or that of your colleagues.

To access the form, consult the UIHSSC intranet.
or contact us at codim@aptsq.com



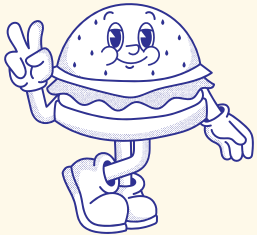
CODIM@APTSQ.COM



Food Truck



CHECK YOUR
EMAILS FOR
THE
SEPTEMBER
CALENDAR!



MARK YOUR CALENDARS !!!



Septembre 2 - Ste-Anne's Hospital

Septembre 3 - CROM ELM

Septembre 4 - Lakeshore Hospital

Septembre 8 - 2400 des Sources

Septembre 9 - Ex-hospital of Lachine

Septembre 10 - CROM Notre-Dame

Septembre 11 - LaSalle Hospital

Septembre 15 - Douglas MHUI

Septembre 16 - Batshaw Weredale

Septembre 17 - St-Mary's Hospital

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Treasurer : Christian Faucher
Director : Isabelle L'Écuyer
Director : Paul Malizia (Absent)
Director : Johanne Gouskos (Absent)
Director : Renée Mathieu

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